

Abbotsford/Mission Track and Field League Meet #3
Wed April 21/10 at Rotary Stadium

Track events		Field Events	
3:00	110M Hurdles – Sr. B	3:00	PV: all G (8,Jr,Sr) & Gr8 B
	110M Hurdles – Jr. B		TJ: Gr8 G – south pit
	100M Hurdles – Sr. G		HJ: Sr B
	100M Hurdles –Gr8 B		Dis: Jr. G - at cage.
	80M Hurdles – Jr		SP: Sr B – west circle
	80M Hurdles – Gr8. G		
3:30	1500M racewalk- all G/B	3:30	TJ: G8 B – south pit
3:45	800M– Sr. G / Sr. B		HJ: Sr. G
	800M – Jr. G/Jr. B		Dis: Jr. B – at cage
	800M – Gr8 G / Gr8 B		SP: Gr 8 G - west circle
		4:00	PV: Jr/Sr B
			TJ: Jr G – south pit
			HJ: Gr8 B
4:00	100M– Sr. G		Dis: Sr. B - at cage
	100M– Sr. B		SP: Sr G - west circle
	100M–Jr. G		
	100M– Jr. B	4:30	TJ: Sr. B – south pit
	100M – Gr8 G		HJ: Jr. G
	100M – Gr8 B		Dis: G8 B- at cage
			SP: Jr B - west circle
4:45	2000M Steeplechase – Open Boys	5:00	TJ: Jr. B – south pit
	1500M Steeplechase – Open Jr B		HJ: G8 G
	And Open Girls		Dis: Sr. G - at cage
			SP: Jr G - west circle
		5:30	TJ: Sr. G – south pit
5:15	4X400M Relay – Sr. G		HJ: Jr. B
	4X400M - Sr. B		Dis: G8 G - at cage
	4X400M - Jr. G		SP: Gr8 B - west circle
	4X400M - Jr. B		
	4X400M - Gr8 G		
	4X400M - Gr8 B		

**The above schedule is to be used as a guide. As soon as one event is finished, the next one will begin. This is known as a rolling schedule.